

## MODIFIED LAWS OF THE GAME

# CABOSA'S ADULT LEAGUE RULES

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REVISED 08/01/2024

## TEAM FORMATION

Team captains can have players register online and request their team name to be grouped together. Teams that sign up together will not have additional players added to their team if they meet the minimum player requirement of 12 players. If a team signs up together and does not have 12 players at the time of the registration deadline, CABOSA reserves the right to add players to each respective roster. ALL players must be **18 (Fall: before September 1st and Spring: Before February 1st)** to register for the league. Players requesting to play in the 30+ league must be 30+ **(Fall: before September 1st and Spring: Before February 1st) except females, who must be 25+**. Players that register and do not have a team preference will be placed on CABOSA "house" teams or added to established rosters that do not meet the 12 player minimum. Players that register before the deadline will have priority of making a roster. Players that register after the deadline, may not be rostered if all teams are full. In this case the individual who registered late, and was not rostered will be issued a refund.

Any team that is found to have played an ineligible/non-registered player will result in the match being a 3-0 forfeit for the opposing team. In addition, the ineligible/non-registered player will be suspended for the remainder of the season and the Team Captain will serve a one game suspension.

## SCHEDULING/FORFEITS

If a team would like to request a reschedule, it must be submitted via email to [alexishobbs@cabosa.org](mailto:alexishobbs@cabosa.org) no later than the Wednesday prior to the scheduled game. If a team does not show up for a scheduled game or does not notify the League Director prior to the Wednesday reschedule deadline the game will be scored as a forfeit. Any team that has 2 forfeits or more over the course of the season will not be eligible for the playoffs. Any team that has 3 forfeits will be removed from the remainder of the league schedule. A forfeit will be a 3-0 loss to the forfeiting team.

## IFAB RULES COVER ALL GAPS IN THESE LAWS

<https://downloads.theifab.com/downloads/laws-of-the-game-2021-22?l=en>

### Law I--FIELD OF PLAY

Dimensions: The field of play shall be rectangular. Its length will be no more than 80 yards and its width no more than 50 yards. The length in all cases shall exceed the width. Goals shall measure 21 feet by 7 feet.

Markings: Conform to FIFA except the goal box measures 6 yards and the penalty area measures 14 yards in front of and from each goal post.

Spectator Area—Spectators are to stay on their designated side of the field and in the area designated as the spectator area. The purpose of this area is to prevent individuals from interfering with play and to allow the referee an unobstructed view of the game and bench area. Under no circumstances should anyone be standing behind the goal during the course of the game. Coaches/Team captains are responsible for the actions of their fans and must immediately intervene if they are being abusive to players, spectators, or referees.

## **Law II--THE BALL**

Size 5 soccer balls are used.

Home team is expected to supply a properly inflated, good condition game ball.

## **Law III--NUMBER OF PLAYERS**

7 v 7--A match is played by two teams, each consisting of not more than seven (7) players, one of whom is the goalkeeper. The minimum number of five (4) players per team is required to play an official match. Team roster size 7 minimum. & 14 maximum. Substitutions will be made AT THE DISCRETION OF THE REFEREE at any stoppage and will be unlimited. All players are required to be registered prior to participating. This ensures that all participants are covered under insurance. Each player will be required to have a photo ID, i.e. driver's license, military ID, student ID or work badge on them to prove their identity to the referee if requested. All players must upload a photo to their GOTSPORT account for their player card. Referee's will check all players using player cards before every game. No NON-Registered players will be eligible for the game. No exceptions will be made to this process. If a player cannot produce proper identification, he/she will not be permitted to play until such identification can be furnished. Team captains have the ability to add players to their roster until the registration deadline. Once the registration deadline has passed, CABOSA reserves the right to add players to each respective roster.

## **Law IV--PLAYER'S EQUIPMENT**

Conform to FIFA. Non-uniform clothing is allowed based on weather conditions, but uniforms/team t-shirts must still distinguish teams. The goalkeeper shall wear colors which distinguish them from

players of both teams and the officials. Players may wear tennis shoes or soccer specific cleats. Cleats for football or baseball have a toe cleat and are not permitted.

A player shall not wear anything that is dangerous to another player (i.e., watches, necklaces, earrings, rings, unpadded casts, hair clasps, hair feathers with metal clips, hair beads, plastic barrettes, bracelets, rubber wrist bands, etc.). Hair ribbons are allowed as long as they do not have solid clasps or clips. Hair clasps and earrings may not be taped over – no exceptions!

#### **Law V--REFEREES**

Registered referee – Officials will be assigned by the local referee assignor. Each match will have one center official and no Assistant Referee. If a player is shown a red card (or receives two yellow cards in the same game) he/she will be required to miss the next scheduled match for their respective team. This rule carries forward into the playoffs. A player that receives a red card in the last regular season game must sit out the first playoff game. Inappropriate language will not be tolerated. Unsportsmanlike behavior is not acceptable prior to, during, or after the game.

#### **Law VII--DURATION OF THE GAME**

The game shall be divided into two (2) equal halves of thirty (30) minutes each. A ten minute halftime will be allowed between the first and second half. The half is over when time runs out! However, a penalty kick called before time runs out must be taken even if this requires extra time.

#### **Law VIII--START OF PLAY AND RESTART OF PLAY**

Conform to FIFA with the exception that opponents of the team taking the kick-off are at least eight (8) yards from the ball until it is in play.

#### **Law IX--BALL IN AND OUT OF PLAY**

Conform to FIFA.

#### **Law X--METHOD OF SCORING**

Conform to FIFA.

#### **Law XI--OFF-SIDE**

There will be NO offside rule used in 7v7 adult league play.

#### **Law XII--FOULS AND MISCONDUCTS**

Conform to FIFA.

We are instituting a NO SLIDE TACKLING rule into all of our divisions to protect the safety of our players. All slide tackles will be called as a foul against the guilty player and any tackles from behind or reckless challenges with cleats showing are cardable offenses. Cursing or abusive language towards opponents, teammates, referees, or spectators will not be tolerated and is considered a cardable offense. An ejected player may not be substituted and will not be allowed to return to play until AFTER the next scheduled game. All ejected players must leave the complex immediately. The match will not be restarted until the ejected player has left the complex. If a player refuses to leave, the game will be terminated and the ejected player's team will be forced to forfeit the match. Because players do not have jersey numbers, the referee will ask the players name and make note of the ejected player on the game card. In the event that a player refuses to furnish their name to the referee, it is the responsibility of the coach/team captain to furnish the name to the referee. Failure to do so will result in CABOSA being notified and the possibility of the game being forfeited by the offending team. If the ejected player's next game is forfeited by his/her team that game will not satisfy the one game suspension. If the ejected players next scheduled game is forfeited by an opposing team, that game will satisfy the one game suspension and the player will be eligible to play the following game. The one game suspension for ejected players does carry forward into the playoffs. If a player is ejected in their final regular season game they must serve their suspension in the first playoff game. Players that are ejected for violent conduct (fighting or intentionally attempting to injure another player or official) will be subject to expulsion from the league. A committee consisting of CABOSA staff/board members/volunteers will hold a hearing to determine the length of suspension or expulsion given each particular situation. In the case of referee abuse, CABOSA will report this conduct to the Louisiana Soccer Association who may impose further suspensions.

#### **Law XIII--FREE KICK**

Conform to FIFA with the exception that the opponents are at least eight (8) yards from the ball.

#### **Law XIV--PENALTY KICK**

Conform to FIFA with the exceptions that the penalty mark is at ten (10) yards and that players other than the kicker and defending goalkeeper are at least eight (8) yards from the penalty mark.

#### **Law XV--THROW IN**

Conform to FIFA.

#### **Law XVI--GOAL KICK**

Conform to FIFA.

#### **Law XVII--CORNER KICK**

Conform to FIFA with the exception that the opponents remain at least eight (8) yards from the ball until it is in play.